

Weekly Somatrogen Practicalities in Interpreting IGF-1

This interactive document is intended to provide guidance in interpreting IGF-1 values when using the Long Acting Growth Hormone Somatrogen. For more information, contact your Pfizer medical contact.



Somatrogen is a fusion protein of rhGH and and 3 copies of the carboxy-terminal peptide (CTP) of human chorionic gonadotropin^{1,2}

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Reliable **IGF-1 monitoring**, in conjunction with other clinical parameters, is valuable to measure **efficacy and safety** of rhGH therapy³⁻⁶

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IGF-1 SDS is the preferred measure of serum IGF-1 levels; values should remain in the normal range, between^{2,7-9} **-2 and +2 SDS**



Despite the difference in **IGF-1 profiles** across daily rhGH and LAGH products, efficacy and safety outcomes are similar^{10,11}

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The best estimate of mean IGF-1 level is represented by the level on day **4** post- somatrogen injection^{4,10,11}
An **IGF-1 estimation table** is available to estimate the mean IGF-1 from samples **drawn on other days**¹²

[Click here to learn more](#)



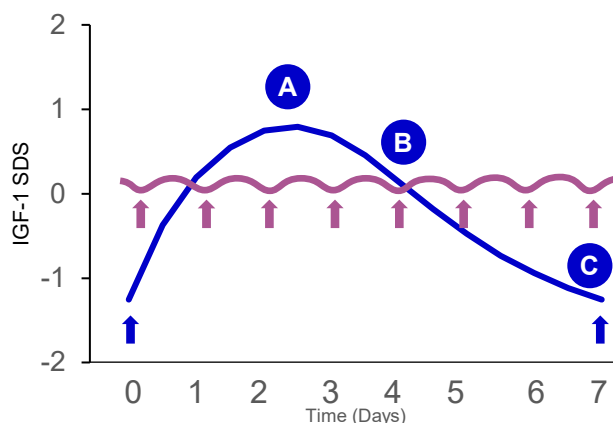
- LAGH has a significantly different PD profile from Daily GH: IGF-1 profile fluctuations are greater with LAGH. Despite this difference, **efficacy and safety outcomes are similar for both**.^{10,11}
- Random IGF-1 levels may not be representative of the average IGF-1 exposure.^{3,4,10,11}

Conceptual representation of the Somatrogen PD model^{3,4}

Peak IGF-1 level occurs at Day 2 post dose;
Mean IGF-1 level over the dosing interval occurs at **Day 4** post dose.

- A** **Day 2:** Samples collected here will overestimate average IGF-1
- B** **Day 4** Samples collected best estimate average IGF-1
- C** **Day 5-7:** Samples collected will underestimate average IGF-1

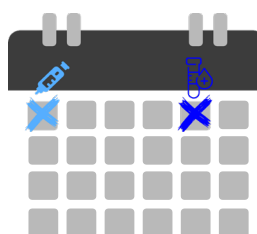
For up to 5 years, patients treated with Somatrogen generally had a mean IGF-1 SDS that remained between **-2 and +2**¹⁰.



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Somatrogen and IGF-1 Monitoring in Clinical Practice²

- Day 4 post dose is recommended³



If IGF-1 sampling occurs on an alternate day, use the **IGF-1 Estimation Table⁴**



- The IGF-1 Estimation table has been developed to predict mean IGF-1 and IGF-1 SDS values based on IGF-1 measurement at different timepoints during the dosing interval following Somatrogen treatment⁴
- **How to use the table⁴**
 - A Table of Adjustments required to calculate Mean IGF-1 SDS and IGF-1 has been developed.
 - The calculation formula to use depends on the time since last dose and is specified in the column, for mean IGF-1 SDS and IGF-1, respectively

Practical example of calculation



Summary of Adjustments required to Calculate Mean IGF-1 SDS and IGF-1



Interval (time after dose)	Adjustment to measured IGF-1 SDS to approximate mean IGF-1 SDS	Adjustment to measured IGF-1 to approximate mean IGF-1
>0 - 12 hours	IGF-1 SDS + 1.8	IGF-1 (ng/mL) x 2
>12- 24 hours	IGF-1 SDS + 0.7	IGF-1 (ng/mL) x 1.3
>24- 36 hours	IGF-1 SDS - 0.1	IGF-1 (ng/mL) x 1
>36 - 48 hours	IGF-1 SDS - 0.5	IGF-1 (ng/mL) x 0.8
>48- 60 hours	IGF-1 SDS - 0.7	IGF-1 (ng/mL) x 0.8
>60- 72 hours	IGF-1 SDS - 0.7	IGF-1 (ng/mL) x 0.8
>72- 84 hours	IGF-1 SDS - 0.6	IGF-1 (ng/mL) x 0.8
>84- 96 hours	IGF-1 SDS - 0.3	IGF-1 (ng/mL) x 0.9
>96 - 108 hours	No Adjustment	No Adjustment
>108 - 120 hours	IGF-1 SDS + 0.4	IGF-1 (ng/mL) x 1.1
>120 - 132 hours	IGF-1 SDS + 0.7	IGF-1 (ng/mL) x 1.3
>132 - 144 hours	IGF-1 SDS + 1.1	IGF-1 (ng/mL) x 1.5
>144 - 156 hours	IGF-1 SDS + 1.4	IGF-1 (ng/mL) x 1.7
>156 - <168 hours	IGF-1 SDS + 1.6	IGF-1 (ng/mL) x 1.9

Example: Correcting for a Day 2 sample



- Injection was given on a **Sunday at 4 pm** (Day 0)
- Blood sample was taken on **Tuesday, at 9 am**(day 2, >36 - 48 hours)
- IGF-1 SDS **observed** value was 1.27

➤ The summary table gives adjustment formula of : **IGF-1 SDS - 0.5**

➤ **The mean IGF-1 SDS calculated** from the sample drawn on day 2 was: $1.27 - 0.5 = 0.77$

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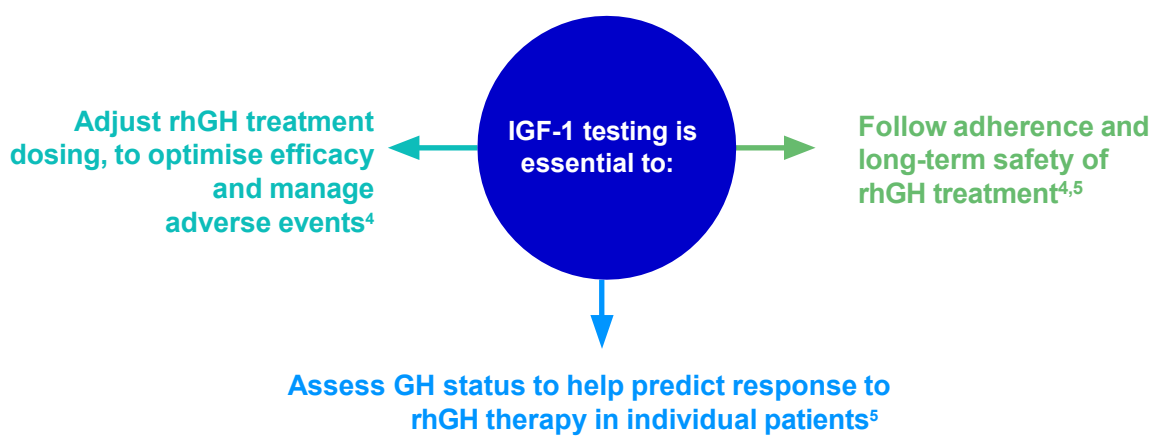
Clinical trials showed non inferiority of Somatrogon at a dose of 0.66 mg/kg/week versus daily somatropin at a dose of 0.034 mg/kg/day in Height Velocity at 12 month¹

12 month phase 3 study

Treatment parameter	Treatment group		LSM difference (95% CI)
	Somatrogon (N=109)	Somatropin (N=115)	
	LSM estimate	LSM estimate	
Height velocity (cm/year)	10.10	9.78	0.33 (-0.24, 0.89)
Height standard deviation score	-1.94	-1.99	0.05 (-0.06, 0.16)
Change in height standard deviation score from baseline	0.92	0.87	0.05 (-0.06, 0.16)

Somatrogon is a human growth hormone analog indicated for treatment of pediatric patients aged 3 years and older who have growth failure due to inadequate secretion of endogenous growth hormone^{1,2}

IGF-1 levels are an indicator for bioavailable GH, therefore, it can be used in conjunction with other clinical parameters, like height velocity, to measure efficacy and safety of rhGH therapy¹⁻³



-2 to +2

(50th percentile=0)

is the normal range in which IGF-1
SDS values should reside¹

For the use only of Registered Medical Practitioners or a Hospital or a Laboratory.

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